Dusan's Apothegms I

- > Trying to "impress" people with this material won't help you or them.
- > You have to create what I'm saying to get the result.
- ➢ Get it in you.
- ➢ Shift "occurrence" and you shift "action."
- ➤ Shift "action" and you shift "results."
- ➤ It doesn't matter what you "understand." It's a matter of what you do.
- SLC is about getting at the "underlying dynamics" that "prevent implementation" and cause individuals and companies to stay stuck.
- > Powerful relationships are everything.
- Never coach anyone who does not request coaching.
- Value deserves payment.
- Are you "living that" or are you just "saying that?"
- What are you waiting for?
- Negotiate your "wants" but never your "musts."
- ➤ Many people have given up and don't realize it.
- ➤ Is there a question in there somewhere?
- Progress requires growth growth makes you feel alive.
- ➤ A straightforward "no" beats a polite insincere "yes" every time.
- State of Being" is independent of circumstances.
- Personalities don't love. They just want things.
- > Don't assume that the other person is damaged.
- You are either in the game or you are not.
- Notice Ask Point out.
- ➤ Your entire "way of being" influences.
- > What you disown will bubble up around the edges.
- ▶ What's the worst thing that could happen?
- > Anything that is repressed becomes an obsession.
- You are a product of your speaking.
- \blacktriangleright And there you sit.
- ➤ In life you get what you generate not what you hope for.
- > The people who are most confused are the ones with one personality.
- There are no results in being "content with insight."
- Playing small doesn't serve well.
- > Motivation is to transformation as what cotton candy is to nutrition.
- > You have to create "that you can create" before you create.

- What are you committed to and what are you going to do about it?
- It's not a question of right or wrong but "Does it work for you?"
- State is everything.
- ➤ We can choose what things mean.
- What drives this person?
- \succ Just don't go there.
- Are you living an explanation and saying it's the truth?
- Reinvention isn't changing "what is" but creating "what isn't."
- Relentless determination is a very sexy thing.
- To get unstuck distinguish between "commitment" and "trying."
- ▶ It's not what a thought is but what a thought does.
- Don't swat a fly with a howitzer.
- ➢ Big fish die in small ponds.
- ➢ What's your point?
- ➤ In reality you never have the circumstances that you don't have.
- ➢ No one is a waste of time and some people will waste your time.
- You can't make this stuff up.
- > At the end of the day; clean desk, clean floor, erect posture.
- > The thing you can count on is that you can't count on them.
- Expectations lead to upsets. (Make agreements.)
- Stop enabling people's unworkable behaviors.
- Life's about success, not perfection.
- > Don't fall in love with your methodology.
- Knowing better won't make you better.
- Both success and failure are nothing but feedback.
- Your greatest financial expense is the money that you are capable of making and that you are still not generating.
- Yes lives in the "land of no."
- "Know" the consequences of saying "no."
- Just because you believe something doesn't mean it's true. It just means that you believe it.
- Referrals are the life blood of any business.
- Are you reacting to what "you think" that "they think?"
- ➢ I want to please you and no.
- Wealth is discretionary time.
- Nothing works with people who don't work themselves.

- > Only that which "already is" can be accomplished.
- That was a "yes or no" question, why are you still talking?
- \succ I love you and no.
- > Always want people to think what they think.
- > Don't go there. There's nothing but Twilight Zone stuff in there.
- State of Being" determines what you "behave as."
- This moment "should" be happening.
- ➢ For some people common sense is very uncommon.
- ▶ Just showing up isn't enough. YOU have to "SHOW UP."
- ▶ If you have a problem with paradox then you are at a disadvantage.
- "Results goals" will always trump "activity goals."
- \blacktriangleright Create connect serve.
- ➤ You don't need to "think it" when you "are it."
- ➤ Think straight not positive.
- > Your only job is to listen and connect.
- What experience do you hope to have by having enough money?
- Yes but only every time.
- \succ Why?
- > To increase your income fire your 3 biggest pain-in-the-ass clients.
- A person will not do what they "don't do."
- "Intention deficit disorder" is the main cause of low statistics.
- ➢ Without courage, life stalls.
- ➤ Shift from the "unreal" to the "real."
- ▶ In life, you deserve what you create, and nothing more.
- Listening is a magnetic and creative force in itself.
- Life is what you make of it, not what it makes of you.
- ▶ How you participate in a relationship is a conscious choice.
- Just don't be you. Be "what it takes."
- ➤ I think it's a mistake and you would have to see that for yourself.
- ➤ Shift from "wanting" to "creating."
- You're over thinking this.
- ➤ A sale is a series of small yeses.
- > The faster you get in touch with reality, the faster you will succeed.
- ➤ Too much information.
- ➤ What do you think has that happen?

- You can get nearly anything in life you want if you are willing to ask a thousand people.
- What stops you from asking a thousand people?
- > When you stand up bring the earth with you.
- ➢ For something new to live, something old must die.
- What story do you keep telling yourself to feel afraid?
- Over rehearse beyond the rational.
- > Discipline is actively creating what you want.
- ➢ It's as obvious as a ham sandwich.
- Enlarge your playing field.
- > An introduction of boldness cures desperation.
- ➤ Know "who you are" before asking what you should do.
- ➤ What's in the client's best interest?
- ➤ When you get stuck it's best to "get strong."
- Bring the water. Always focus on the end user.
- > You can spend your time getting ready to live or you can live.
- ➤ Kill the monster while it's small.
- It's not about the "how to." It's about the "choose to."
- Who certifies the certifiers?
- How to handle the past = realize that you did what you did because it seemed like the thing to do at the time.
- > Two pains in life. The pain of discipline the pain of regret choose.
- ➢ Breathe thru it.
- ▶ When challenged do you go to purpose or ice cream?
- Strong narratives and matching deeds.
- Do you live in an "intentional world" or an "attentional world?"
- ➤ How could you be in the face of this?

Credit: Collected and compiled through coaching interactions with Dusan's SLC clients and members of the Straight-Line Coaching community.

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